

NoDa NEWS

The Arts District

Vol. 02 Iss. 8

Fusing Family, Art, Creativity, Cuisine, and Fun

AUGUST 2009

ORIGINAL TART FROZEN YOGURT HAS FINALLY

ARRIVED IN CHARLOTTE—AND IT'S IN



Original tart frozen yogurt, which has been tremendously popular on the West Coast for several years, and long awaited in our area, will now be available right here in NoDa. Tasty Yo, a brand new yogurt shop located next door to Crepe Cellar, is the first to bring this delicious and healthy dessert to the Carolinas.

Tasty Yo is an independent yogurt shop that is family owned and operated. The shop offers the famous yogurt along with a long list of toppings ranging from fresh fruit to cereal; they also offer salads and other healthy snacks and drinks.

Tasty Yo is a company that's going green and is committed to putting forth every effort to obtain the Dine Green certification, which will classify them as being environmentally sustainable.

Additionally, Tasty Yo is dedicated to supporting the growth of local businesses. All of the fruit used to create toppings comes

from the Kings Drive Farmers Market and the music played at Tasty Yo is all local. Tasty Yo welcomes any local band to submit their CD to be played in the store.

Michelle and Stephanie Goldstein, sisters and co-owners of Tasty Yo say, "So far, we love it here in NoDa and have experienced a great outreach from the local business owners and residents alike and are extremely thankful for all of their support. We cannot wait to grow alongside this community for many years to come."

For more information about the shop and to read up on the health benefits of the yogurt, please visit: www.tasty-yo.com.



YOGA IN NODA

By Madeline Holt

The Charlotte Yoga Club (www.meetup.com/charlotteyogaclub) expanded its schedule to include a new class in NoDa. The classes will be held every Thursday in North Charlotte Park, Herrin Ave and Spencer St, (opposite Steel Gardens), currently scheduled for 5:30-6:30pm, but a 6pm start is being considered to make the time more accessible for those just finishing work.

Lark and Key, (www.larkandkey.com) the beautiful gallery and boutique at 453b E. 36th Street, has kindly offered the Club the use of their space in the event of rain. Their local support is very much appreciated!

The Charlotte Yoga Club (CYC) is a non-profit meet up group that just celebrated its one-year anniversary with almost 1000 members. CYC holds classes all over the city including University and Fort Mill, but the NoDa class will be a welcome addition to local members. Registration is free and the online calendar provides information on times, locations and styles of yoga available. All classes are \$5 and payment can be made to the teacher before or after class. All teachers are registered and insured.

The yoga offered in NoDa is Power Vinyasa that includes a series of flow style movements designed to warm up and open the body, before adding twists, balances and backbends, usually ending with some longer deeper stretches. It is a strong physical practice that brings strength, endurance and flexibility to the body while developing awareness and acceptance. There is a strong emphasis on controlling the breath throughout the practice.

Classes are open to everyone at all levels and participants are encouraged to hydrate well before and after class, to work to their own capacity and to have fun. We would love to see a strong local turn out. Get outside, try something new!!



If you have any questions please do not hesitate to contact madeleineholt@yahoo.co.uk.

OUR BIGGEST

Block Party Yet

By Chris O'Brien



The lovely Juliann West preparing the brackets for the hours-long cornhole tournament.



Neighbors welcome each other back to Charles Avenue.



The NoDa kids are growing up fast.



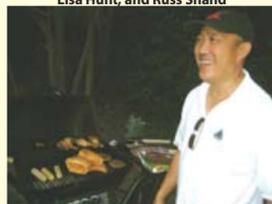
HNCNA President, Hollis, with new brother-in-law Erik Schalburg, Lisa Hunt, and Russ Shand



Ryan and Ambur Willowtree of Clemson Avenue.



Tables, lights, and music kept the conversation going for hours.



Huyen Dinh serves up some excellent burgers and hot dogs.

The 3rd Annual NoDa Charles Avenue Block Party was a big success once again. There were probably close to 150 local neighbors joining in for grilling, cornhole, horseshoes, excellent music and lots of great conversation (encouraged by good drinks). We met at the empty lot under the oaks on Charles Avenue from 6:30 until after 2 a.m.

A highlight of this year's party was the fully constructed outdoor bar area with professional stage lighting and audio equipment (brought to you by David Meeder on Charles Avenue). As always we have to thank Dean and Taryn for setting up the official block party festival grounds. If you missed it this year, here are some pictures to give you an idea of the good time we had.

BICYCLES!! GET A SWEET RIDE AND DONATE TO A SWEET CAUSE!

By Lauren Puckett

For about three years, people have been stopping my husband and I to ask where we got our vintage bicycles. Will sports a cool AMF while I stuck with my traditional Schwinn. We were proud to let everyone know that we snagged these beauties from a local thrift store years ago and had been putting mileage on them ever since. We directed inquiries to Value Village and even the Metrolina Expo flea market, but warned them that vintage bikes come with necessary repairs and seemingly ridiculous price tags, but every so often one gets lucky and finds the deal of the century.

Sadly, my bike was jacked off our front porch about six months ago. I posted a plea to the neighborhood YAHOO! group and even filed a police report, but to no avail, my classic beauty has been MIA ever since. I had been on a frantic search for a new ride when the weather turned warm, but couldn't seem to find the right cycle, with the qualities I looked for in a bike. I wanted something with character, something with a previous life. Anyone can run to the store and buy a new bike. I craved the thrill of the hunt; my bike was just waiting for me to find it.

And find it I did. In fact, I found the used bicycle mecca, the holy grail of vintage bicycles. I found a place on the outskirts of our 28205 zip code that I had somehow overlooked, even

though its sign faced North Davidson, the road I travel almost every single day.

This place, this beacon, was Trips for Kids of Charlotte. Located at 512 East 15th Street in the colorful Area 15 building. The Trips for Kids organization collects used bicycles, repairs them and then resells them to the community in their bicycle Re-Cyclery. And better still, they are a non-profit program that supports children in fragile neighborhoods by allowing them to come in and earn their bike through their Earn-A-Bike program. On Saturdays volunteers take children to local parks to ride, providing bikes, helmets and lunch. Not a kid? For adults they offer a Learn-A-Bike program that teaches maintenance and repair and even to purchase bikes by donating volunteer hours and mentoring children.

Inside the Re-Cyclery is the bicycle showroom. Here you will find a classic Schwinn Tornado, a Trek 3700 mountain bike, a classic Peugeot in mint condition with its original manuals, a Centurion Expert Ironman...anything the heart desires. In fact, as Will and I wandered through the aisles we kept mental lists. I was willing to walk out with one of five different cruisers, though my first choice was the beautiful sky blue Schwinn Tornado, a beauty and a classic.

So if you are looking for a bicycle, look no further than the Trips for Kids Re-Cyclery. The bikes are all reconditioned so you get the thrill of a vintage bike without the headache of trying to locate replacement inner tubes and grease gears. Your money goes directly back into the program, so you also get that altruistic high of being a community do-gooder. And for those of you with bikes collecting rust and dust out in the garage, you can donate your bike for a sweet tax write-off, or take the

Learn-A-Bike class and recondition your cycle. So get on out there and get a good bike, for a good cause.

For more information about the Trips for Kids program, you can visit their website at tripsforkidscharlotte.org or call 704-236-5474.

The bicycle Re-Cyclery is open Monday-Thursday from 6 pm-8 pm and Saturdays from 10 am-4 pm.



Earn A Bike / Re-Cyclery at 15th & N. Davidson

Green Corner

SUMMER SURPLUS

By Amy Farris

So you were inspired this spring, whether due to the economic downturn or just out of curiosity, and planted some of your own fruits and veggies with expectations of a delicious summer harvest. Then, you got your first ripe tomato and it was outstanding. Then, more ripe tomatoes. And now, so many ripe tomatoes your neighbors are ignoring you because they can't politely decline any more of your excess. What to do with the surplus? Why not try freezing the extras? You just might thank yourself on that cold winter day, when a bowl of homemade vegetable soup is in order!

How to Freeze Fresh Vegetables:

1. Pick your poison:

Make sure the produce you pick is in good condition. Avoid using bruised, soft, or overly-ripe produce. For the best flavors, choose crops that have just reached ripeness and their flavor is at its peak.

2. Prep Time:

Wash your produce thoroughly using cool tap water. Prepare vegetables: remove peas from their pod, remove strings and ends from green beans, cut the tops and bottoms off of red beets, and so on. Certain vegetables will need to be peeled, like peaches, or cut into bite-sized pieces, like squash and zucchini.

3. Blanch – not the character from Golden Girls:

This is the process of plunging foods into boiling water for a few seconds or a few minutes, then removing and placing them in ice water. This process sets the color of vegetables, lets you easily peel fruits, and slip the skins off nuts. The food does not cook all the way through, so crisp texture is preserved. Blanching also helps retain the natural flavor.

You can either boil or steam the vegetables for the blanching process.

To boil them, you'll need to boil a large pot of water on your stove top. Pour washed, prepared vegetables into the boiling water. When the water begins to boil again, start timing.

To steam them, use a steamer that fits onto the top of a pot. Place the vegetables inside the steamer as soon as the water in the pot begins to boil. Cover the steamer with its lid, and start timing.

The amount of blanching time varies per vegetable type. Check the Internet or with the Mecklenburg County Extension Office for exact times. A good rule of thumb for tomatoes, though, is to remove them from the boiling water when the skins are just beginning to split.

4. Chill, baby

Once boiled or steamed, you'll need to chill the vegetables at once to halt the cooking process. Place the hot vegetables into a bowl full of cold tap water. Allow the produce to cool completely inside and out. You can easily check the inside temperature of a piece by gently biting into it.

Once cooled, place the vegetables in a colander to drain.

5. C'est Finis!

Finally, place the prepared produce into freezer bags or plastic freezer containers. Pack the produce into its packaging firmly. If you're using freezer bags, you'll need to carefully squeeze the air out before you seal them shut. Secure the bags and place lids on the containers. Mark each container with its contents and the date it was frozen. Place your vegetables in the freezer until you're ready for that delicious summer flavor in the middle of winter.

Other Freezing Tips:

When freezing berries, lay them out on a cookie sheet or other flat surface and place this in the freezer. Once the berries are frozen, remove them from the freezer and place them in freezer bags. This will help the berries keep their shape and prevent them from sticking together.

When freezing liquids, place the liquid in freezer bags, seal it, then put this bag into an empty box before placing the contents into the freezer. Once the liquid is frozen, you can remove the outer box, and place the bag back in freezer. The square shape the liquid is frozen in will be easier to stack in your freezer.

Happy Summer!



CRIME & SAFETY UPDATE

By Chris O'Brien

Please remember that the NoDa Crime and Safety committee meets the second Monday of each month (the Monday after the Neighborhood Association meeting). Meetings will continue to include an informal time to interact with our neighborhood officer, Ted Castano. This is truly a unique opportunity to discuss crime and safety issues that are affecting you personally. Please join us Monday, August 10th at 6:30 in "the Hut" behind the Johnston YMCA.

Tips of the Month from the Crime & Safety Committee

Call 911

Officer Castano advises NoDa residents to keep a cell phone with them when walking in the neighborhood. Also, as you will have your cell phone with you, don't be afraid to call 911 when you see suspicious activity. Suspicious activity is not limited to major crimes. You should even call 911 if someone unknown to you and your neighbors seems to be "casing a house"—staring into windows of houses or cars, looking over privacy fences, etc.

Turn your porch light on at night

Leaving your porch light on at night helps to establish a sense of safety on our dark residential streets and deters criminal activity. If you're concerned about the cost of lighting your porch, consider using CFL bulbs. They can light your porch for 2-3 years before burning out and use less energy than traditional bulbs.

Report Street Light Outages

Please help the neighborhood by calling Duke Energy when your streetlight is out. They simply ask that you tie a ribbon around the pole. It will typically be fixed within 48 hours. Call 1-800-POWERON (1-800-769-3766)

BACK IN THE DAY PRESENTS: DEBORAH HUNTER FROM HISTORIC ROSEDALE

By Dana Grigg

The Back in the Day history group presented Deborah Hunter, Executive Director of Historic Rosedale, at HartWitzen Gallery on July 15, 2009. She spoke to us about its unique history and the many ghosts she and other employees have experienced there. For those who missed it, here is a small part of the fascinating information she shared:

Rosedale is located at 3427 North Tryon Street across from NoDa. It was built in 1815 by Archibald Frew. It was originally part of a 911-acre plantation that spanned from North Tryon Street to The Plaza. Neighbors referred to the home as "Frew's Folly" and although the reason is not known, it is believed to be because of the chrome yellow trim on the home. After Frew's death, in the 1830's, the house was occupied by Dr. D.T. Caldwell and his family.

There have been a number of unexplained and supernatural events at Rosedale including disembodied noises, hanging herbs turning in separate directions at the same time, and actual apparitions. Ms. Hunter believes all of the spirits on the property are friendly and their goal is simply to protect the house.

A number of incidents at the house have involved "The Woman in White". Over the years many people visiting the property including several intuitives have seen a woman dressed in a white dress. The woman has been seen in the garden, on the front porch and waving from the windows.

There are guided tours given each Thursday, Friday, Saturday and Sunday at 1:30 p.m. and 3:00 p.m. Their website is www.historicrosedale.org. Additionally, the Back in the Day group is planning a nighttime, group tour of Rosedale. More details will follow but if you are interested, please contact me at dana_grigg@yahoo.com.

The Back in the Day group meets on the second Thursday of each month at 7 p.m. at Revolution Pizza. Please join us if you are interested in exploring the history of NoDa.



Leigh McDonald, Deborah Hunter and Dana Grigg. Picture by Erik Schallburg

AUGUST'S Green Yard of the Month

By Anthony Monaghan

Wayne Harden's yard at 3031 Whiting is the August winner of the Green Yard of the Month. Wayne bought his house in 2001 and the yard was all grass with a few bushes. Over the years he has gradually eliminated much of the grass and replaced it with plants, many of them native, and landscape features like a pond with goldfish that feed on mosquitos. His goal is to have plants bloom all year long. Some of the plants in his yard include butterfly weed, coneflower, sunflower, crinum lily, magnolia, St. John's Wort, catalpa, Hearts a Bustin, trumpet vine, apricot [blooms in February], raspberries, blackberries, vitex, native wisteria, Dutchman's pipe, red buckeye, spike locust, Virginia creeper, paw paw [fruit tree], among many others. He also created a rain garden with native hibiscus and joe rye weed that help prevent water run off during rain storms. He suggests starting with a manageable area because if you try to change your whole yard at once, it may be too much work. Also, know the size of the plant at maturity and the conditions it likes to grow under and plant accordingly. However, there is nothing wrong with moving a plant if you don't like where you initially planted it. One place he has obtained many of his plants is from www.woodlanders.net, a source for rare native plants. He likes to divide his plants and share them with others. Wayne also suggests mulching to control weeds [a free source is the bags of leaves neighbors place on the curb], composting and using soil amendments [compost or soil conditioner] to improve the clay soil. Walk by Wayne's yard and see the large variety of plants that bloom at different times throughout the year.



If you would like to be nominated for the Green Yard of the Month, or know someone in NODA who should be nominated, please contact Anthony Monaghan at afmonaghan@yahoo.com or Amy Farris at linkavidge@hotmail.com.

Have NoDa To Wear

If you'd like a NoDa t-shirt that supports your favorite neighborhood committee, event or slogan, visit

<http://www.cafepress.com/nodaarts>.

Proceeds help benefit each committee's cause.





**NODA'S HISTORIC
STRUCTURE SURVEY:
HAND
PHARMACY
BUILDING**

This historical survey is reprinted from the Charlotte Historic Landmarks Commission. For more information on this property and others in NoDa, visit: www.cmhpf.org/surveydesignationlist

The Hand's Pharmacy Building, located on the northwest corner of 35th and N. Davidson Streets, is one of the original brick commercial buildings in the North Charlotte community, and for many years housed both a pharmacy and community meeting place. Jasper Kennedy Hand (1878-1947), who had the pharmacy building constructed about 1912, was a native of the Gaston County town of Lowell and he attended Davidson College and the Pharmaceutical School at the University of North Carolina. Since his career was established, in 1902 he was married to Erwin Robinson (1881-1977). Five years later, J. K. Hand decided to locate in Mecklenburg, and so in July, 1907, he bought Froneberger's Drug Store on North Caldwell (now Davidson) Street in the North Charlotte community.

When J. K. Hand bought Froneberger's Drugstore in 1907, it was in a wood-frame building located on the same side of the street and one block south (Johnston YMCA parking lot) of his later two-story brick store. Apparently wanting a better

and more permanent structure for his business, in 1909 Hand bought a corner lot, which then was on the northeast corner of North Caldwell and 31st Streets. About three years later, ca. 1912, Harvey C. Garrison, a local contractor, was hired to construct the building, and it may have been the case that he designed it as well.

The building was really twice as large as Hand needed for his pharmacy, but he envisioned that the second floor, which has a separate outside stairway entrance, would be used as a community meeting place, a brotherhood hall. Since there were also facilities available elsewhere, the second floor was mostly used for light storage, and, for many years, a local physician, Dr. McClosky, practiced medicine there in waiting and examining rooms in the front of the building.

The pharmacy itself was located entirely on the first floor, and contemporary photographs show a typical small-town drug store building from the exterior: plain storefront windows with painted Pepsi-Cola, slogans written in script at the top, which were bracketed by the words "Drugs" and "Soda." The interior fixtures were all oak or marble, not fancy, but certainly substantial. Merchandise was neatly laid out in glass wall cabinets and display cases along the south wall and back half of the north. Along the front half of the north wall was the marble soda fountain, which had a large "Hires Root Beer" barrel and three glass candy jars on it. In the back, two tables with four chairs each were available for soda fountain patrons. Just under the pressed tin ceiling, posters decorated the store all the way around. One announced, "Jonteel Compacts: Face Powder in Handy Form;" another showed a picture of a camera and said, "Kodak as you go." Of the three in the back of the store, one was titled "Prescriptions," and showed a kindly pharmacist dispensing medicine for a mother and her child, while the one on the right proudly trumpeted "Rexall means King of All!"

In such a small community, Hand's Pharmacy was important to the very fabric of its daily existence. During the Depression, it was common for Hand to go for long periods without being paid for drugs and remedies he dispensed, if he was ever paid at all. For thirty-eight years, J. K. Hand provided service and merchandise for North Charlotteans through the ups and downs of two world wars, the Great Depression, mill layoffs and strikes. In 1945, Hand sold the business to John D. Dover, who had previously worked in the store. A few years later, it became Dorton's Drug Store, and finally the North Charlotte Pharmacy until 1978. Since that time, the building has housed various tenants, but none were related to the drug store business. During the 1990's, the building housed an Italian restaurant. Today, it is the location for Cabo Fish Taco.



Photo by James Willamor

AUGUST OPENING AT LARK & KEY



New woodcut Prints by Dan Allegrucci with featured Potter Ronan Peterson

July 29 - Aug 30, opening reception Friday August 7th from 6-9pm

Charlotte, NC based artist Dan Allegrucci's preferred medium is woodcut printmaking. The gouge used to carve his wood blocks creates a physical, unforgiving line that is well suited for an honest, sometimes harsh, examination of a subject. His most recent work explores the connection between ancient and modern times with a strong interest in the relationship between the

experiences of individuals and the larger history of civilization. Dan's work offers fragments of a vague narrative and invites viewers to complete or extend the stories and relationships.

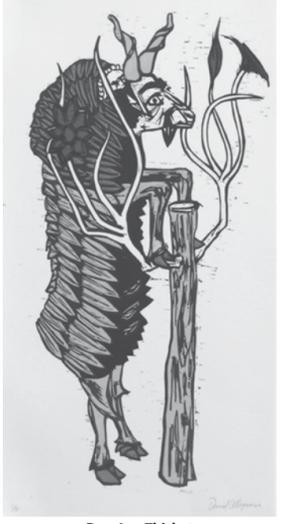
Ronan Peterson's ceramics are an amalgamation of the influences of his youth, the distinct seasonal changes of the North Carolina mountains along with the color and fantasy

of his father's comic books. His functional earthenware vessels draw inspiration from the alternate worlds of those comics and the growth and decay of the nature. Most of his work is wheel thrown then altered with textures, patterns and drawings carved into the surface. Ronan translates and abstracts trees, budding leaves, lichen encrusted bark, and insects in hopes to present a

ceramic cartoon interpretation of some of the overwhelming visual and tactile information present in the nature. Ronan lives and works in Chapel Hill, NC.



Ronan, Lightening bug stump jar



Dan, In a Thicket



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August calendar

THE NEXT NEIGHBORHOOD ASSOCIATION MEETING IS AUGUST 4th AT 6:30 P.M. AT THE EVENING MUSE. EVERYONE IS WELCOME TO ALL MEETINGS!

August 1 Highland Brewing Company Cask Night 6:30pm at Revolution Pizza

August 2 Enjoy 1/2 price Cajun Mary's at Boudreaux's every Sunday

August 3 Buy a breakfast sandwich at the Brown Bag and check out their expanded grocery offerings

August 4 NODA Neighborhood Association Meeting 6:30 pm Evening Muse Knitting Club every Tuesday 7pm at Smelly Cat

August 5 Chess Club every Wednesday 7pm at Smelly Cat Dog Bar Neighborhood Nights every Wednesday [\$1 featured can beer, \$2 featured draft beer, \$3 well drinks] Dolce Vita 1/2 price glasses of wine every Wednesday

August 6 Book Club every Thursday 7pm at Smelly Cat Culture Beast A Live Talk Show 9pm at Prevue [\$5] Crepe Cellar NODA Neighborhood Night every Thursday: 3 course meal with locally sourced ingredients and community seating

August 7 Gallery Crawl Art Openings: Green Rice: A Brighter Day by Teresa Hollmeyer [Mosaic artwork]

Lark and Key: Dan Allegrucci [wood cut prints] and Ronan Peterson [pottery]

Boulevard: The Stella Collection Trunk Show [Fabric mats] Beet: Deborah Langsam [Quilts]

On going Art: Center of the Earth [until 8/22] City/Country by Sharon Dowell, Dana Johns, Maxx Morgan and Chrisopher Stephens Studio True Gallery John True

Music: Salvador Deli: Heavy Rotation with Discordian Society [8pm] Neighborhood Theater: Perpetual Groove/ the Mantras [9pm]

August 8 Enjoy a Big Boss, local beer from Raleigh, on draft at Cabo Fish Taco [also \$2 Tecate and Modelo Special every day]

August 9 1/2 price bottles of wine at Dolce Vita every Sunday

August 10 Crime and Safety Meeting 6:30pm at The Hut [behind YMCA]

August 11 Solstice Tavern: \$3 well drinks every Tuesday [enjoy on their large back patio]

August 12 Casey Chambers and Shane Nicholson 8pm at Neighborhood Theater

August 13 Back in the Day History group 7pm at Revolution Pizza

August 14 Salvador Deli Free Live Music at 8PM [Lefty Williams, Ian Thomas and Victor James Band]

August 15 Good time to plant your fall garden [suggested planting include beets, broccoli, cabbage plants, cauliflower, collards, cucumbers, kale, lettuce, radishes, spinach, squash, and turnips]

August 18 Economic Development Committee 6 pm at Amelie's Vision Committee 7pm at Amelie's

August 20 Greenification 6:30pm at Revolution [cancelled]

August 21 Salvador Deli Free Live Music at 8PM [Official Michael Franti after party with Galaxy Jam and Imperial Fire]

August 25 1/2 price Hurricanes at Boudreaux's every Tuesday

August 26 Nodarioty 7:30pm at Salvador Deli

August 27 Culture Beast A Live Talk Show 9pm at Prevue [\$5]

August 28 Salvador Deli Free Live Music at 8pm [Punk Night]

August 29 Neighborhood Cleanup 10am at Smelly Cat Salvador Deli Lounge Fest 6 bands and 6 breweries 4 pm to 1am

August 31 Plan to attend the Charlotte Literary Festival in NODA on September 5th and 6th

For more events and happenings visit noda.org and nodarioty.org Have an event you want listed on the calendar? Please email details by the 13th of the prior month to nodanewscalendar@nodainvasion.org



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